## Allergens

All our chefs are trained in how to deal with all the required allergens. We can try and amend any dish to suit your needs.

Whilst we buy in specific products that are gluten free, the environment of the kitchen is also used to prepare dishes that include gluten. Our team will take every measure possible to stop any cross contamination, including having a separate fryer for gluten free cooking.

If you would like more information, please speak to a manager.

Thank you
The Swan

## Full Breakfast

wheat, barley, rye, milk and egg (GF available)

## Veggie Breakfast

wheat, barley, rye, milk and egg

## Sarnie/Baps

wheat, barley, rye, milk and egg (GF available)

## Egg on Toast

wheat, barley, rye, milk and egg (GF available)

## Omelette

egg and milk

## Eggs Florentine

wheat, barley, rye, milk, soy, celary, sulphites and egg

## Eggs Benedict

wheat, barley, rye, milk, soy, celary, milk, sulphites and egg

## Eggs Royale

wheat, barley, rye, milk, soy, celary, milk, sulphites, fish and egg

## Pancakes

wheat, butter, soy, milk, nuts and egg (GF available)

## Toast

wheat, barley and milk (GF available)

## Smoothies $£ 5$

Mixed Berry - strawberry, banana, cherry and blueberry
Tropical Mix - mango, pineapple, papaya and passionfruit
Green - spinach, mango, kiwi and kale

## Milkshakes £5

- Banana
- Strawberry
- Chocolate Brownie
- Caramel Cafe Frappe
- Vanilla

Milk

## Tea \& Coffee

| Coffees | Teas | Syrups |
| :--- | :--- | :--- |
| Americano | Traditional | Caramel |
| Latte | Decaf | Hazelnut |
| Cappuccino | Earl Grey | Gingerbread |
| Espresso | Green Tea | Vanilla |
| Double Espresso | Peppermint |  |
| Mocha | Chamomile |  |
| Macchiato | Green tea \& pomegranate |  |
| Flat White | Green tea \& cranberry |  |
| Floater Coffee | Mango \& strawberry |  |
| Liqueur Coffee | Lemon \& ginger |  |
|  | Apple \& pear |  |
| Milks | Blackcurrant \& blueberry |  |
| Semi skimmed | Strawberry \& raspberry |  |
| Almond milk | Cranberry \& raspberry |  |
| Oat milk | Cranberry \& blood orange |  |
| Soya milk | Darjeeling |  |

## Breakfast Menu

## Coffees

Americano
Latte
Cappuccino
Espresso
Double Espresso
Mocha


Floater Coffee
Liqueur Coffee

## Milks

Semi skimmed

Oat milk
Soya milk

Teas

Earl Grey Gingerbread
Green Tea Vanilla
Peppermint
Chamomile
Gean ponanate

Mango \& strawberry
Lemon \& ginger
Apple \& pear
Blackcurrant \& blueberry
Strawberry \& raspberry
Cranberry \& blood orange
Darjeeling

## The Swan Whittington

## TO SHARE

## Mixed Olives $\mathrm{n} / \mathrm{a}$

Garlic Bread wheat, rye, barley, oats \& milk GF Available
Fish Platter fish, wheat, crustaceans, sulphites, celery, mustard, egg \& milk GF Available

## STARTERS

Scotch Egg egg, celery \& wheat
Swan Prawn Cocktail wheat, rye, barley, crustaceans, sulphites, egg \& milk GF Available Haddock Goujons fish, wheat, milk, sulphites \& mustard GF Available
Banana Blossom Goujons wheat, egg, sulphites \& mustard GF Available
Halloumi Fries milk
Creamy Garlic Mushrooms wheat, barley and milk GF Available
Chicken \& Bacon Salad wheat, barley, mustard, milk \& sulphites GF Available (minus croutons)
Chicken Caesar Salad egg, milk, wheat \& barley
Swan Prawn Cocktail wheat, rye, barley, crustaceans, sulphites, egg \& milk GF Available Baked Camembert wheat, rye, barley \& milk GF Available

## MAINS

Battered Halloumi wheat, sulphites, egg \& milk GF Available
Fish \& Chips fish, wheat, soy, sulphites, egg \& milk GF Available
Veggie Bangers ' $n$ ' Mash wheat, soy \& milk
Bangers ' $n$ ' Mash wheat, sulphites \& milk GF Available
Roast Chicken Breast milk \& sulphites
Gammon \& Eggs eggs
Pie of the Day soy, fish, barley, mustard, wheat, egg, sulphites \& milk
Swan Fish Pie crustaceans, sulphites, fish \& milk
Belly Pork wheat, barley, sulphites \& milk

Steaks, see sperate board

Steak Sauces
Creamy Wild Mushroom sulphites \& milk
Red Wine Jus sulphites
Stilton Sauce milk
Peppercorn sulphites \& milk

## B U R G ERS

Smashed Beef Burger sulphites, mustard, egg, wheat, rye \& milk GF Available Spiced Lamb Burger egg, mustard, wheat and rye \& milk
Goats Cheese \& Mushroom Burger sulphites, wheat, rye \& milk GF Available

## PIZZAS

may contain soy \& sesame

Margherita wheat \& milk
Ham \& Pineapple mustard, sulphites, wheat \& milk
Spicy Veggie wheat \& milk
Pepperoni \& Sausage wheat \& milk
BBQ Chicken celery, wheat \& milk
Meat Feast wheat, celery, mustard \& milk

Gluten free bases available +£2

## LOADED FRIES

BBQ Chicken Fries celery, mustard \& milk
Spicy Fries milk
Cheese Burger Fries milk, sulphites \& milk
Belly Pork Fries egg, mustard \& milk

## LUNCH 12-5

Smashed Avocado wheat, barley, sulphites, egg \& milk GF available
Mushrooms \& Poached Eggs soy, wheat, barley, sulphites, egg \& milk GF available
Ploughman's wheat, rye, barley, oats, egg, sulphites, mustard \& milk
Ham and Eggs wheat, barley, mustard, egg \& milk GF available

## SANDWICHES 12-6

Cheese \& Pickle wheat, sulphites \& milk
Fish Finger milk, wheat, mustard, egg \& fish
Halloumi wheat \& milk GF available
Steak fish, barley, rye, wheat \& milk GF available


November

## SUNDAY ROAST

All served with roast potatoes, seasonal vegetables and a rich gravy

Sirloin of English Beef gluten, milk, mustard, sulphites \& egg GF Available

Loin of Woodland Pork gluten, milk, mustard, sulphites \& egg GF Available

Breast of Chicken gluten, milk, mustard, sulphites \& egg GF Available

Leg of Lamb gluten, milk, mustard, sulphites \& egg GF Available Nut Roast gluten, milk, nuts, mustard, sulphites \& egg

# DESSERTS 

## Viennese Whirl Strawberry Fool

Egg and milk (wheat in the biscuit only)

## Bourbon Chocolate Brownie

Egg, milk, soy, barley and wheat (gluten free available)
Jammie Dodger Cheesecake
Wheat, milk and egg
Cookies \& Cream Sundae
Milk, egg, and wheat
Oreo Cookie Dough
Egg, wheat, milk and soy

Churchfield's Ice Cream
Ice cream \& Sorbet- See separate list

